



## 2009 Multi Day Rafting Itinerary Lodge and Camping

The following are important details for your trip on the Rogue River. The information will help make your trip a safe, comfortable, and enjoyable one. If you have any questions please don't hesitate to call us at (800)336-1647 or e-mail us at [webmaster@wildrogue.com](mailto:webmaster@wildrogue.com)

**Meeting Place:** Rogue Wilderness office (325 Galice Rd. Merlin OR)

**Meeting Time:** 8:00 AM on your trip start date (Don't be late, others will be waiting for you)

**After the Trip:** Arrival back to Rogue Wilderness Office around 4:00pm (unless car shuttle has been requested or other arrangements have been made)

### Checklist

- Complete your registration form and sign the Liability Release. Please return by mail, email or fax at least 30 days before trip departure.  
Mail: Rogue Wilderness Adventures  
PO Box 1110 Merlin, OR 97532  
Fax (541)476-8051  
Email [webmaster@wildrogue.com](mailto:webmaster@wildrogue.com)
- Plan for the unexpected with Travel Insurance at [www.travelinsure.com](http://www.travelinsure.com) or [www.travelex.com](http://www.travelex.com)
- Final payment due 30 days before your trip
- Cancellation policy: within 45 days of the trip date will receive no refunds.

### RWA provides the following

- »Transportation from RWA office to river launch point
- »Transportation from river back to RWA office
- »All on river meals
- »Waterproof bags for your personal gear
- »Complimentary RWA water bottles
- »Complimentary RWA Personal Day Bag

### You are responsible for

- » Meals and lodging before and after your trip
- »Personal clothing and other miscellaneous items
- »Alcohol and soda
- »Guide gratuities (see page 3)

### Where to Stay Before and After

Make reservations well in advance. Rogue Wilderness does not make reservations for or cover the cost of your room. If you are flying to Medford, we recommend that you stay in Grants Pass to simplify your shuttle arrangements. If you drive, we recommend staying in Grants Pass. Where ever you choose to stay, please mention that you are on an RWA trip. Ask about AAA & Senior or youth rates.

### In Grants Pass

»**The Lodge at Riverside** (541)955-0600 (about \$175)

[www.thelodgeatriverside.com](http://www.thelodgeatriverside.com)

»**Riverside Inn** (541)476-6873 (about \$125)

[www.riverside-inn.com](http://www.riverside-inn.com)

»**Holiday Inn Express** (541)471-6144 (about \$105)

[www.hiexpress.com](http://www.hiexpress.com)

»**Redwood Motel** (888)535-8824 (about \$100)

[www.redwoodmotel.com](http://www.redwoodmotel.com)

»**Shilo Inn** (541) 479-8391 (about \$90)

[www.shiloinns.com](http://www.shiloinns.com)

»**La Quinta** (541) 472-1808 (about \$75)

[www.LQ.com](http://www.LQ.com)

All of these properties are within 10 minutes of the RWA office.

### Campgrounds

Indian Mary, Griffin Park, and Almeda Park all take reservations. For reservations call 1-800-452-5687 or visit

[www.reserveamerica.com](http://www.reserveamerica.com).

### Bed & Breakfasts/Lodges

»**Rogue Forest B&B** (541)472-1052 (about \$245 )

[www.rogueforestbnb.com](http://www.rogueforestbnb.com)

»**Weasku Inn** (541)471-8000 (about \$195)

[www.weasku.com](http://www.weasku.com)

### Good Eats

Our favorite restaurant is **Backroad Grill** (541) 476-4019

[www.backroadgrill.com](http://www.backroadgrill.com) Closed Mondays & Tuesdays

## How to Get There

**If You Fly**, the closest commercial airport is Medford, Oregon. It is serviced by United Airlines, American West, Delta and Horizon Air. Flights inbound to Medford start from San Francisco, Seattle, Portland, Salt Lake City, Las Vegas and Phoenix. Please plan your flight to arrive the day before your river trip.

We recommend you plan to stay in the Grants Pass area to simplify the shuttle logistics before and after your trip. Rogue Wilderness Adventures offers airport pickup and drop off for \$75 each way. Please call in advance to request airport shuttle services. (800)336-1647

**If You Drive: From I-5 North:** Get off at exit 61. Follow the off ramp until you get to the stoplight. Turn left and follow the road (Merlin-Galice Rd) out for about 3 ½ miles. You will come to a little town called Merlin. You will follow the road through the town until you get almost to the end of it. We are on the left hand side (325 Merlin-Galice Rd.). Rogue Wilderness is a two story, green building, and we are directly across the street from the Backroad Grill.

**From I-5 South:** Get off at exit 61. At the end of the off ramp go left and follow the road (Merlin-Galice Rd) out for about 3½ miles. You will come to a little town called Merlin. You will follow the road through the town until you get almost to the end of it. We are on the left hand side (325 Merlin-Galice Rd.). Rogue Wilderness is a two story, green building, and we are directly across the street from the Backroad Grill.

## The Trip Outline

**The Morning of your Trip:** At 8:00 AM you will meet at the Rogue Wilderness office to meet your guide, get your gear ( we will provide a dry bag for duffle bags and other personal items), and do any last minute paper work. Come to the office dressed in your rafting clothes. A shuttle van will take you on a 20 minute ride to the boat launch. Final preparations (loading your dry bag onto boats and a safety talk) will take about an hour. Be sure to eat a hearty breakfast before your trip.

**On the River:** The pace of your river trip is very dependent on the water level. You will usually spend five to six hours a day on the river. Breakfast is served around 8:00 AM and you are on the water about 9:30AM. There will be a stop mid-day for lunch where a buffet style lunch will be served. Before dinner there will be plenty of time for relaxing in the beautiful scenery of the wild rogue with friends and family.

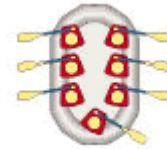
**After the Trip:** The trip ends at Grave Creek in the late afternoon. At this time you will board a van, which will return you and your gear to RWA office, unless you have arranged a car shuttle. Car shuttles are available from RWA offices to Foster Bar for \$110.00 per car. The van trip takes about 2.5 hours, arriving back in Merlin around 4 to 5 PM. It's a beautiful

but windy drive: those prone to carsickness may want to be prepared with Dramamine.

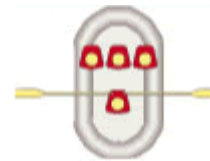
## Types of Boats

We employ a variety of boats on the Rogue that you will have the opportunity to enjoy as you travel down this amazing, beautiful river. Your choice will depend on the level of activity that you are interested in and the logistics of the trip.

**Paddle Boat:** Paddle boats are fourteen foot boats that are powered by the paddle strokes of the crew. The guide typically sits in the back and gives paddle commands to four to seven paddlers. Helmets and wetsuits are rarely required in paddle boats.



**Oar boats:** Oar boats are sixteen to eighteen foot boats that carry gear and supplies as well as one to four passengers. Two or three passengers on an oar boat is typical. A ride on an oar boat is an opportunity to relax, enjoy the scenery, or chat with friends and family. The oar boat is the least active option and typically provides the lowest probability of a “swim”.



**Inflatable Kayak (IK):** The IK's are the ultimate vessel for the active river runner. This is an opportunity to run the rapids of the Rogue River under your own power and direction. The guides will give instruction for the iks before the trip and direction for the rapids while on the water. We bring only single kayakers on the lower Rogue. Helmets are required at all times while paddling the iks and at times a wetsuit may be required.



**Fishing:** Fishing on the Rogue is not great in the spring or summer and regulations do not allow fishing from our boats. If you would like to fish, Oregon fishing licenses may be purchased at Oregon sporting good stores and at a small market ½ mile up the road from the RWA office. We recommend collapsible poles for ease in packing.

**Guides:** Our guides have a deep appreciation for the river we run and want you to enjoy your trip with them. RWA guides are accomplished in outdoor skills and extensively trained in first aid and CPR. They will be more than happy to help you if you have any questions about the river or are an inexperienced camper. In addition, the guides are mature, interesting people we think you'll enjoy.

**Gratuities:** We are often asked if tipping is appropriate. Tips are certainly appreciated by our guides. Tips normally range from 5% to 10% of the trip cost. Whether, or how much you tip should depend on your satisfaction with the trip, your feelings about tipping, and your financial means.

**Equipment:** RWA provides boats, life jackets, waterproof bags, for cameras and binoculars. We recommend you bring a ziplock plastic bag as a liner for your camera and purchase camera insurance, or better yet, a disposable waterproof camera. RWA also provides cups, plates, eating utensils, and camp chairs.

**Meals and Alcohol:** RWA provides all meals from lunch on the first day to lunch on the last day. We specialize in creative and delicious meals. Guides will prepare your meals using a variety of fresh foods.

Vegetarian and medically restricted diets will gladly be accommodated with **advance notice**. Fruit juice and water are available with every meal. Coffee, tea, and cocoa are available at breakfast and dinner. Wine, Beer, or any other alcoholic beverages are not provided by RWA, but are welcome on the trip. There will be ice chests available for you at check in for you to bring extra beverages.

**Environmental Concerns:** Depending on where the group stops, we will be using port-a-potties or outhouses. While not like the comfort of a home, when setting up toilet facilities we are conscious of privacy needs as well as environmental impact. To protect the river, we carry out all trash and use no soap in the river. The guides will instruct you in simple procedures that minimize the impact of our group on the canyon, and we ask for your cooperation.

**Cancellations and Travel Insurance:** We strictly adhere to our cancellation policies as explained on your (or your group organizer's) reservation form.

Trip capacity is strictly regulated by law and your reservation may mean we cannot sell space to others. Because of this, travel insurance is strongly recommended. It will reimburse you if you make a late cancellation because of illness or an illness in the family. Otherwise you are welcome to find a friend to replace you. To find information on buying travelers insurance please visit, [www.travelinsure.com](http://www.travelinsure.com) or [www.travelex.com](http://www.travelex.com)

**Registration Form & Health Information:** Rafting trips are not strenuous, but you should be in good health. If there are any medical considerations (such as allergies, heart conditions, etc.) or dietary restrictions we should know about, please put them on the registration form or call us. We ask that you return the form to our office well in advance of your trip either by e-mail, mail, or fax.

**Area Attractions:** Oregon is a very beautiful state with many things to do and see. Crater Lake National Park is very beautiful and also very popular, as well as the Oregon Caves National

Monument. The Oregon Shakespeare Festival is nearby in Ashland. Performances often sell out; call (541) 482-4331 or <http://www.osfashland.org> for more information. Also popular is the Britt Festival featuring music and dance (541) 779-0847 or [www.brittfest.org](http://www.brittfest.org). You can contact the Grants Pass Chamber of Commerce at (541)476-7717 <http://www.visitgrantspass.org> for specific Oregon area brochures.

**Questions?** Please contact our office if you have any other questions about your trip. Once you are on the river, our guides will be happy to answer questions or assist you. We welcome any suggestions you have and want you to enjoy your river trip.

**Communications:** There are **no phones and cell phones** do not work in the canyon. You are on vacation and the world will go on without you. Phones work in the RWA parking lot, after that leave them in your car.

## Clothing and Comfort

Dressing safely and comfortably (not to mention fashionable) for river trips is a challenging task. It is very important and should not be taken lightly. For much of the season, you will need two sets of warm clothing: one for on the river and one for the lodge.

**Use the "layering system"** Bring clothes that can be worn under or on top of others. Layering allows you to adjust quickly to changeable weather, by adding or subtracting layers.

Loose, fast drying, durable clothing is best for rafting. We recommend the following materials because they are compact and are made to keep you warm and comfortable through a range of temperatures.

**Polypropylene (Polypro) or capilene** are synthetic materials that wick the moisture away from the skin. Long underwear (shirt and pants) are essential as the first layer in cool or wet weather.

**Fleece** is a synthetic material that is heavier than polypro. It makes an excellent middle layer in cool or wet weather. Wool is also a good insulator. Bring a jacket or sweater as well as pants of these fabrics.

**Cotton** should **NOT** be worn during cool or wet weather since wet cotton lowers body temperature. Cotton is recommended for hot weather only!

**Rainwear** Rain jacket and pants are to protect you from the storms as well as mist from rapids if you were to ride in the raft. Coated nylon or breathable fabrics such as Gore-Tex are best. Ponchos are bulky and dangerous so they are not recommended.

**Footwear** You will find guides and fellow guests in tennis shoes, wetsuit booties with soles, and river sandals. Closed shoes do offer the most foot protection while on the river and, if worn

with wool or neoprene wetsuit socks, they can help insulate your feet when the water is cold.

## Packing

**Your Dry Bag or Waterproof Bag:** The bag, when fully packed measures about 15 inches in diameter by 36 inches in height and is almost the size of a large garbage bag. **Your sleeping bag, tent, pad, and personal items must fit into this bag(Camping Guests Only)**

**Day Bags:** Since your waterproof bag will not be accessible during the day, day bags will be available at check in. These are for sunscreen, clothing, hats, and cameras.

## Rogue Weather

**Elevation in Merlin, OR: 915 ft.**

The summertime weather in southwest Oregon is usually very pleasant: warm and dry. However, you need to be prepared for wet, cool weather as well as hot and dry. This can be easy if you pay attention to the information provided and to your own tolerance to the sun and to the cold.

	Jun	July	Aug	Sept
Avg. Temp Day	82	90	88	84
Avg. Temp Night	48	54	52	46
Rainfall	0.5"	0.3"	0.5"	0.9"

**June** trips can be cool (days 55°-70°, nights 50°-60°), with a chance of rainstorms. The water will be moderately cold and you can plan on being splashed a lot.

**Late June to August** trips are warmer (days 75°-95°)

**September** trips generally have mild days (60°-80°) and cool nights (50°-60°). Storms are always possible.

## Your Personal Responsibility

We handle trip logistics, provide the food and rafting equipment, and make sure that you have knowledgeable and well-trained guides. We see to it that you are comfortable, safe, and that you see the Rogue's special places.

We expect that you will bring adequate clothing, based on the information we have provided, and that your **sleeping bag, pad, and personal gear will fit in the size requirements of our waterproof bags (15" diameter by 36" tall)**. Camping guests will have one dry bag per person, lodge guests will have one bag per two people. We ask that you approach your trip with an open mind for adventure and discovery.

## What to Bring

Your comfort and safety depend on you being well equipped for the wilderness. If the weather is perfect you will not need the cold weather clothing or rain gear, but should plan for sun

protection. Please call if you don't understand or cannot find an item on the list.

**Pack clothing you won't mind getting wet or dirty.** Cut down on bulk by not bringing too many changes of clothing for the same temperature conditions. You do not need a change of clothing every day.

### Clothing List RECOMMENDED for ALL trips:

- Swimsuit: May be worn as a first layer
- Shorts: quick drying shorts can double as a swimsuit for men.
- Hiking boots, water sport sandals (i.e. Chaco)\*
- Socks: Polypropylene or wool\*
- Shirts: long sleeved is best for sun protection\*
- Long underwear: Polypropylene, Smart wool, or Capilene
- Sweater or jacket: Fleece or Wool
- Baseball cap or visor (with strap) for sun protection\*

### Gear List:

- Small camp Pillow (camping only)
- Sleeping Bag (camping only)\*
- Air Mattress (camping only)\*
- Tent\*
- Flashlight or headlamp\*
- Sunglasses with Strap\*
- Insect repellent\*
- Small towels and toiletries
- Medications
- Large zip lock bags for wet gear
- Sunscreen\*/ lip balm\*
- Moisturizer/Skin lotion\*
- Wet Wipes

**\*Stared Items\*:** Are available at the Rogue Wilderness Store or to rent by request. (such as sleeping bags, pads, and tents)

### Sometimes REQUIRED for early season trips:

- Long underwear: Polypropylene, Smart wool, or Capilene
- Sweater or jacket: Fleece or Woo
- Wet suit (Available for RWA)

### Optional Gear

- Bike gloves to protect hands while paddling
- Fishing equipment and license
- Small zip lock bags for organizing gear
- Disposable/ Waterproof camera\*
- Dramamine (if prone to car sickness)
- Small day pack or fanny pack
- Book/ Journal/ Notebook

**Packing for Lodge vs Camp Trips:** If you are on a lodge to lodge trip you will not need to pack a sleeping bag or mattress All bedding and towels will be provided by the lodges.